



Elyn Schinke

#1 Ranked Burnout & Stress Coach

I'm a former research scientist turned the #1 burnout and stress management coach on Google, host of the **Burnout-Proof Podcast** and creator of the **Burnout-Proof Members Club**. I'm on a mission to help high achievers work less and live more, and my work supports hundreds of high performers every year and has been featured in Fast Company and on stage with LinkedIn.

AS SEEN ON

**Crying Burns
Calories**

NoseyAF

**Start
Scared**

**Become an
Unstoppable
Woman**


SIGNATURE CONTENT

5 Signs Your Business is Built for Burnout

- ✓ Every Offer Requires YOU
- ✓ You don't know your VALUES
- ✓ You work everyday of EVERY week
- ✓ You schedule work FIRST and personal life SECOND
- ✓ Your marketing is Social Media

I'LL SHARE OUR EPISODE WITH...

- ✓ 2000 Email List Subscribers
- ✓ 100+ Members in Community
- ✓ 450+ YouTube Subscribers
- ✓ #1 ranked website on Google

 2.2K
@coachellyn

 2.7K
monthly page views

 15K
podcast downloads

 1.95K
email subscribers